

Access the healing power
of poetry through the
energizing, informative
writing and poetry
workshops
of Lianne Mercer,
RN, MSN, CPT
Registered Nurse
Certified Poetry Therapist

Invite yourself on a journey
of self discovery.



“We must be the change we wish
to see in the world.”

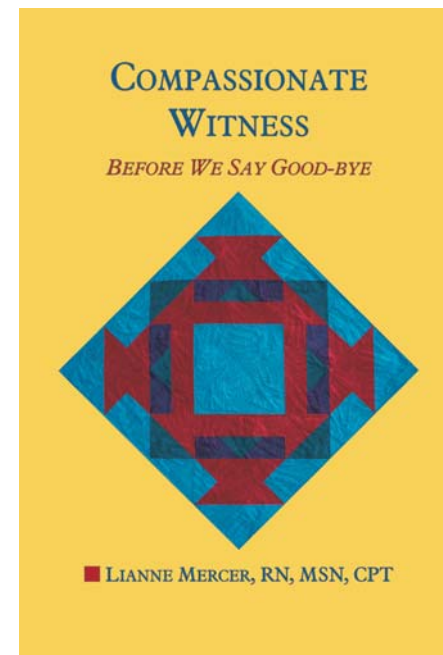
Mahatma Ghandi

To order *Compassionate Witness* visit
www.texaspoetry.com, or send \$20
(includes applicable taxes and
shipping/handling) to:

Barons Creek Press
PO Box 654
Fredericksburg, TX 78624

For more information about how to
schedule a workshop for a community
group or professional group, visit
www.texaspoetry.com or email
lianne@ktc.com.

Lianne Mercer has offered workshops for
RNs, counselors and other medical
professionals at the American Holistic
Nurse’s Association National Conference
in 2005 and Methodist Hospital in San
Antonio, Texas. CEUs available through
organization sponsorship.



Lianne Mercer

RN, MSN, CPT

Registered Nurse

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“*Compassionate Witness* is a priceless
resource and astute guide for those who
face a challenging relationship with an
aging parent. How I wish that this book
had been written prior to the six years I
cared for my mother at home.” *Vallie
Fletcher Taylor, author of Spirits of Texas*

POETRY WORKSHOPS

Process of Poetry: Accessing Creativity to Reduce Stress and Connect with People

Through the process of writing and reading poems, participants will use the images, sounds and paradoxical feelings generated by the powerful language of poetry to learn how to cope with stress and discover ways to give better care.

This workshop was originally conceived for health care professionals, but is appropriate for anyone who wants to help patients, clients, parents or children access their creativity using poetry.

Metaphor, Mystery and Paradox in Relationships with Aging People: What the Poet Knows

In the fast pace of our daily lives, we sometimes misplace what we most want to keep - fragile moments of noticing and compassion. Poetry - our own and others' - helps us explore and honor what we witness in our lives. Get in touch with your creativity to open a gateway to wholeness.

“Poetry therapy is a holistic approach that respects the various links of wellness, with its attentiveness to body, mind, and spirit.”

National Association for Poetry Therapy

COMPASSIONATE WITNESS

Before We Say Good-Bye

“*Compassionate Witness* is like a cleanly struck, deep sounding bell. Page after page got under my skin and down into my heart. On one level, Lianne Mercer’s book is a remarkably subtle, honest, tough, surprising and often funny memoir about caring for her aging mother. But the deeper message is that self-care is integral to making the care of another a spiritual act. This book will deepen your connection to love and to loving.” *John Fox, Certified Poetry Therapist and author of Poetic Medicine: The Healing Art of Poem-Making, and Finding What You Didn’t Lose*



Lianne’s remarkable book is a poignant, thought-provoking memoir that also offers practical, down-to-earth information to those looking for guidance while caring for an elderly person.

Accolades from Participants...

“Poetry Therapy is a lifeline to people who are coping with overwhelming emotions. It helps an individual to clarify thoughts and feelings, find his or her own path and get in touch with the unique person they always were.” (*cancer patient*)

“I felt such a sense of trust and acceptance in our group that I could write and say things I never would have thought I could.” (*participant*)

And Health Care Professionals...

“Storytelling through the use of poetry is effective with all ages. People tap into the healing power of their own imagination.” (*children’s therapist*)

“In a poetry therapy group, each person is given the opportunity to speak his or her own truth, and to listen to the truths of others.” (*nurse clinician*)

“Poetry Therapy helps people to become more spontaneous and creative. Poetry is one of man’s deepest expressions, and emotions are thereby released. A poem has been described as the shortest emotional distance between two points, the points representing the writer and the reader.” (*physician*)